**The Present Study**  
You are being asked to take part in a research study about beliefs, attitudes, and behaviors. You can decide if you want to participate or not. Before you decide, read the information below.  
   
If you have any questions, please contact duckworthlab@gmail.com.  
   
**What will I be asked to do?**  
You will be asked to answer questions and do activities about your attitudes, thoughts, feelings, and behaviors. You do not have to do anything you don’t want to.  
   
**What happens if I don’t want to participate?**  
You can choose whether you want to be in the study or not. There is no penalty if you decide not to be in the study. You will be compensated only if you complete the survey in full.    
  
**Can I leave the study before it ends?**     
You can quit the study whenever you want to, but you will be compensated only if you complete the survey in full.

**What are the risks?**  
This study should not be risky for you, and you cannot get hurt from doing anything for this study. You might get tired from answering some of the questions. You do not have to answer any questions you don’t want to.   
   
**How will I benefit from the study?**  
Your answers will help researchers and coaches learn about how different beliefs and attitudes relate to one another.

**Will my answers be kept confidential and private?**  
Yes. For online responses, data will be stored in a password-protected database, and your responses to the survey will be anonymous. For hard-copy, data will be securely locked in a filing cabinet at the Penn Positive Psychology Center.

**Will I be paid for participating in the study?**  
Participants who complete the full survey will be compensated.   
   
**Who do I contact if I have questions about the study?**  
If you have questions about the study, please email duckworthlab@gmail.com.  
   
If you have questions about your rights as a participant in the research study, please contact the Office of Regulatory Affairs at the University of Pennsylvania at 215-898-2614.  
   
**Participation Agreement**   
By clicking the ‘Next’ button below, you agree to participate in all surveys and activities associated with this study. You have read this form and had your questions answered. You understand that it is your choice to participate and you can stop at any time.